

# March 2025 Rise & Brew Summary

Thank you for joining us for our March Rise & Brew! This month's topic: School Social Workers, you are AMAZING!

### The Role & Impact of School Social Workers

• The unique responsibilities of school social workers and understanding of homeless children and youth

### **BEST Practices for Supporting MV Students**

- Basic needs first
- Educational stability
- Social and wellbeing focus
- Transformative support

### **The Collective Caregiving Frame**

- Using a Collective Caregiving for connection and focus
- Harvard Graduate School Making Caring Common

# **Breaking the Cycle of Poverty**

- Moving Beyond Toxic Charity
- Avoiding dependency models and fostering resilience and self-sufficiency

### Examining generational poverty and best practices for empowering families

### Signs of Compassion Fatigue

- Keys to R.E.S.I.L.I.E.N.C.E.
  - R-Reflect on Your WHY
  - E-Encourage Adaptability
  - S- Salience of Support
  - I-Invest in Self-Care
  - L-Let Go of Guilt
  - I-Identify Compassion Fatigue
  - o E-Embrace Small Wins
  - N-Nurture Personal Growth
  - C-Connect with Joy
  - E-Empower Yourself & Others

#### Reminder

Register now and secure your spot for the 2025 NAEHCY Conference, **United We Soar** in Dallas, TX, from November 1-4, 2025!



## **Important Links**

NAEHCY's Single Point of Contact (SPOC) User Guide for postsecondary professionals

https://naehcy.org/wp-content/uploads/2024/06/NAEHCY\_SPOCUserGuideFINAL\_v2.pdf

What Does a McKinney-Vento Liaison Do? explainer video - https://vimeo.com/1056062620

What is NAEHCY? explainer video - <a href="https://vimeo.com/1035627405">https://vimeo.com/1035627405</a>

We look forward to seeing you on Tuesday, April 22nd at 4:30 p.m. for our next monthly Rise & Brew. Visit naehcy.org for more information and the registration link!

